

National Taiwan University

Newly-Hired Personnel General Physical Examination Questionnaire

1. Basic Information

- (1) Name: _____ (2) Gender: Male Female
 (3) National ID Number/Passport Number: _____ (4) Date of Birth (mm/dd/yyyy): _____
 (5) Department/Institute/Office: _____
 (6) 1. Graduate student 2. Faculty and staff 3. Special assistant 4. Other _____
 (7) Phone: _____ (8) E-mail: _____
 (9) Date of Examination (mm/dd/yyyy): _____ (10) Date of Employment (mm/dd/yyyy): _____

2. Job Experience

- (1) Used to work as a _____ from ____/____/____ (mm/yyyy) to ____/____/____ (mm/yyyy),
 in total for ____ years and ____ months.
 Used to work as a _____ from ____/____/____ (mm/yyyy) to ____/____/____ (mm/yyyy),
 in total for ____ years and ____ months.
 Used to work as a _____ from ____/____/____ (mm/yyyy) to ____/____/____ (mm/yyyy),
 in total for ____ years and ____ months.
- (2) Now work as a _____, from ____/____/____ (mm/yyyy) to ____/____/____ (mm/yyyy),
 in total for ____ years and ____ months.
- (3) For the past month, the average weekly working hours were _____ hours; for the past 6 months,
 the average weekly working hours were _____ hours.
 Is it shift work? Yes (two-platoon schedule three-platoon schedule four-platoon schedule
 other schedule: _____) No

3. Reason for Examination

- Newly-hired personnel (when employed)

4. Medical History

Have you ever had the following chronic diseases? Please check the boxes.

- Hypertension Diabetes Heart disease Cancer _____ Stroke/CVA Cataract Epilepsy
 Asthma Tuberculosis Chronic bronchitis/Emphysema Renal disease Liver disease
 Anemia Otitis Media Hearing impairment Thyroid disease Peptic ulcer/Gastritis
 Reflux esophagitis/GERD Bone fracture _____ Surgical operation _____
 Other diseases _____ None of the above

5. Lifestyle Habits

- (1) Have you ever smoked in the past month?
 Never Occasionally (not every day)
 (Almost) every day, have smoked ____ cigarettes per day for ____ years.
 Already quit smoking for ____ years and ____ months.
- (2) Have you ever chewed betel nuts in the past 6 months?
 Never Occasionally (not every day)
 (Almost) every day, have chewed ____ betel nuts per day for ____ years.
 Already quit chewing betel nuts for ____ years and ____ months.

Please turn to next page.

- (3) Have you ever drunk alcohol in the past month?
- Never Occasionally (not every day)
- (Almost) every day, drink _____ times per week, with average _____ bottles of mostly _____ (types of alcohol) each time.
- Already quit drinking alcohol for ____ years and ____ months.

(4) On working days, your average daily hours of sleep: ____ hours.

6. Self-report symptoms: In the past 3 months, have you frequently suffered from any of the following symptoms? Please check the boxes.

- Cough Productive cough/Sputum Short of breath/Dyspnea Chest pain Palpitation
- Dizziness Headache Tinnitus Fatigue Nausea Abdominal pain Constipation Diarrhea
- Bloody or tarry stool Upper back pain Lower back pain Numbness in extremities
- Arthralgia Painful Urination/Dysuria Frequent urination or polyuria Weakness in extremities
- Body weight loss 3kg or more Other symptoms None of the above

Important notice!

1. According to the Regulations of the Labor Health Protection, newly-hired personnel general physical examination should include the following:
 - (1) Job experience, medical history, lifestyle habits, and self-report symptoms, which are all included in this questionnaire.
 - (2) Test and inquiry of height, weight, abdominal circumference, visual acuity, color blindness, hearing, blood pressure, and various body systems or body parts.
 - (3) Chest X-Ray test (with 14"x17" film).
 - (4) Analysis of urine protein and urine occult blood.
 - (5) Analysis of hemoglobin and white blood cell count.
 - (6) Analysis of fasting blood glucose, alanine aminotransferase (ALT), creatinine, cholesterol, triglyceride, high-density lipoprotein cholesterol.
2. Notes for newly-hired personnel general physical examination:
 - (1) Please visit the approved medical institutions announced by the Department of Family Medicine of the NTU Hospital, or by the Ministry of Labor. To check out the medical institutions approved for labor physical examination, visit <https://hrpts.osha.gov.tw/asshp/hrpm1055.aspx>
 - (2) Do not eat or drink (including water) for at least 8 hours prior to the blood test. Only a small amount of water may be consumed if necessary.
 - (3) Light diet is strongly recommended within three days prior to the physical examination. Staying up late, smoking and drinking alcohol shall be avoided.
 - (4) Nearsighted subjects shall bring their glasses for the visual acuity examination. Please inform the nurse if you wear contact lenses.
 - (5) Urine test: For female subjects during a menstrual period, please take the urine test a week after the period ends to avoid inaccurate urinalysis results.
 - (6) Chest X-ray: Pregnant subjects are not allowed for X-ray tests. Please inform the nurse and the radiologic technologist prior to the examination.
 - (7) Please ensure that the physical examination report shall be stamped with the seal of the medical institution.
 - (8) Newly-hired personnels who are expected to perform specific operations that may incur health

hazard shall receive both a general physical examination and a special physical examination, which shall be respectively arranged based on their workplace.

For more detailed information, please visit our webpage: <https://esh.ntu.edu.tw/epc/index.php?id=NTE2#a>

- **Newly-hired personnels shall complete this questionnaire and bring it to medical institutions for newly-hired personnel general physical examination. This questionnaire and the physical examination report shall then be submitted to the Environmental Protection & Occupational Safety & Health Center on the employment start date. Thank you for your cooperation!**