

# Special Health Examination Notice (2022)

- If you do not have a medical record at NTU Hospital (NTUH), please visit the registration counter and show your ID (to create a patient profile) on the day of the examination before checking in at the Department of Environmental and Occupational Medicine.**
- Check-in location:**
  - If you did not receive a hearing test notification, please visit the **Department of Environmental and Occupational Medicine clinic** at NTUH [East 2, 1st floor at West Campus Original Building; next to Lecture Hall NO.7]. Address: No. 1, Changde St., Taipei City
  - If you **received** a hearing test notification, please **check in at the audiometry clinic** before checking in at the Department of Environmental and Occupational Medicine clinic.
- Check-in time for each department:**
  - Audiometry clinic: 8:30–9:00 a.m. for the morning session or 1:30–2:00 p.m. for the afternoon session**
  - Department of Environmental and Occupational Medicine clinic: 9:00–10:30 a.m. for the morning session or 1:30–3:30 p.m. for the afternoon session**
- Check-in method:** Insert your NHI card into the kiosk at the clinic to check in for the examination, and then hand your card to a nurse, who will verify your identity and return the card to you.



Parking Area 
 Store 
 Stairs 
 Elevator 
 Telephone 
 Restroom 
 Breastfeeding Room

- Cost:** No upfront payment required. [Cost covered by NTU]

6. **Notes: To safeguard your rights and interests, please take a minute to read the following notices!**

- 1) Before your examination:
  - a. Do not eat, drink anything except sugar free water, or engage in strenuous exercise **eight hours before the health examination**. For an examination scheduled in the morning, please begin fasting at midnight. **For an examination scheduled in the afternoon, please have your breakfast before 6 a.m. and begin fasting thereafter**. While fasting, you may still take medication for any chronic disease (but do not take diabetes medication in case of hypoglycemia).
  - b. If you have prescription glasses or contact lenses, please have them with you on the day of the examination to have your corrected vision measured.
  - c. To facilitate chest X-rays and other physical examinations, please do not wear shirts with metals, zippers, or buttons on the examination day, and do not wear any accessories. Instead, wear clothing that is easily removable (do not wear a dress or a jumpsuit). Employees should not receive X-rays during (suspected) pregnancy. If you are pregnant or believe yourself to be pregnant, please inform the nurse and the radiologist during the examination.
  - d. Female employees: If your menstrual period coincides with the day of the examination, please inform the physician to postpone the urine test so as not to affect the test results. Please return to the Department of Laboratory Medicine with your urine examination slip for the urine test **one week after** your menstrual period ends.
  - e. For **research personnel who handle arsenic**, do not eat any seafood, sea plants (e.g., seaweed), or herbal medicine in three days before the examination to avoid affecting the test results.

2) **Examination day checklist: \*\*Be sure to have the following items with you on the day of your examination\*\***

- Identification documents (NHI card and National ID card)**
- Hard copies of the Special Physical and Health Examination Questionnaire for Operations Involving Special Health Hazards (Please prepare one copy for each special health examination application)**
- ★**The questionnaire is not required for employees who are only applying for the special health examination for RG2 or RG3 biological experiments.**

**Attention: Please complete and print out the questionnaires and give them to NTUH staff. If you forget to bring the questionnaires with you on the examination day, you must hand them in at a later date.**

- A hard copy of Abdominal Ultrasound Appointment Form**

- 3) Examination report: Results of the health examination will be compiled by NTUH and forwarded to the examinee by your department/graduate school.
- 4) Appointment for abdominal ultrasounds may be made on the health examination day. We will do our best to accommodate your schedule, but please understand that your desired time slot may be unavailable.

(For internal processing)

Scheduled

Notified

# NATIONAL TAIWAN UNIVERSITY

## Abdominal Ultrasound Appointment Form

Time slot	Monday	Tuesday	Wednesday	Thursday	Friday
Morning					
Afternoon					

  

Time slot	Monday	Tuesday	Wednesday	Thursday	Friday
Morning					
Afternoon					

(Fill in a check mark “V” for available time slots and mark “X” for the rest.)

- On the **scheduled examination day**, hand in your NHI card together with **this form** to the **NTUH Department of Environmental and Occupational Medicine** check-in counter. The abdominal ultrasound will be scheduled at a later date, and you will be notified via telephone or email.
- While your desired time slot for the abdominal ultrasound is selected in the form, please note that **the final date and time will be determined by the NTUH Ultrasound Room**, and please arrive on time to receive the ultrasound.
- If you do not show up for a scheduled appointment, you will lose your rights to receive the ultrasound examination.
- **On the day of your abdominal ultrasound**, please fast and wear loose clothing that can be easily removed. To facilitate the examination process, do not wear stockings or one-piece clothing such as a dress or a jumpsuit.

Examinee's contact information	
Name	If you are unable to make an ultrasound appointment on the examination day, NTUH will notify you <b>via telephone or email</b> of the exact date for the abdominal ultrasound. <b>Please make sure your contact information is correct.</b>
Telephone (cellphone)	
Email	

