

General Labor Health Examination Notice

1. Please complete the health examination at your earliest convenience once your general labor health examination application is approved.
2. **Examination items:**
 - ✓ **Survey of occupational history, medical history, lifestyle, and subjective symptoms**
 - ✓ **Measurement of height, weight, waist circumference, eyesight, color perception, hearing, and blood pressure, and physical examination of each body system/part**
 - ✓ **14"x17" (large film) chest X-ray**
 - ✓ **Urinalysis for proteinuria and urine occult blood**
 - ✓ **Testing for hemoglobin and white blood cell (WBC) count**
 - ✓ **Testing for blood sugar, alanine transaminase (ALT), creatinine, cholesterol, triglyceride, and high-/low-density lipoprotein (HDL/LDL) levels**
 - ✓ **Other tests required by the central supervisory authority**
3. Before your examination:
 - ✓ **Please fast for eight hours before the blood test.** For an examination scheduled in the morning, please begin fasting at midnight. For an examination scheduled in the afternoon, please have your breakfast before 6 a.m. and begin fasting thereafter. While fasting, you can continue to drink water as you normally would and take medication for any chronic disease (except medication for diabetes, which may induce hypoglycemia).
 - ✓ Female employees: If your menstrual period coincides with the examination, please reschedule the examination to one week after the conclusion of your period so as to prevent interference with urinalysis results.
 - ✓ Employees should not receive x-rays during a pregnancy or suspected pregnancy. If you are pregnant, please inform a nurse or radiologist during the examination.
 - ✓ If you are nearsighted, please have your prescription glasses ready when having your eyesight tested and notify a nurse if you are wearing contact lenses.
4. NTU employees may choose to receive the health examination at the NTU Hospital Department of Environmental and Occupational Medicine (TEL: 02 - 2312 3456 ext. 67067/67491) at a cost of NT\$750, or at a medical institution accredited by the Ministry of Labor under the Regulations Governing

Accreditation and Management of Medical Institutes for the Labor Health Examination. NTU will reimburse a maximum of NT\$750 towards the health examination. Please submit a photocopy of your examination results to the Environmental Protection and Occupational Safety and Health Center for recordation in accordance with the applicable regulations.

5. **Reimbursement process:** You are required to pay an examination fee of NT\$750 **upfront**. After completing the examination, you may file for reimbursement in accordance with the procedures indicated in the University's reimbursement system. Please **attach the original copy of your general labor health examination application form and the receipt from the examination** to the reimbursement form.
6. Employees are obligated to receive a health examination and may not refuse to do so. Those who do not cooperate are liable for a fine of up to NT\$3,000 under Articles 20 and 46 of the *Occupational Safety and Health Act*.



✧ Ministry of Labor-accredited medical institutions:

✧ Scan the QR code to the right or call Ms. Liu, at (02) 3366 7994 to schedule a



consultation on your examination results:

Environmental Protection and Occupational Safety and Health Center